

Save the Date!
5th Annual "Doing What Matters for Alabama's Children" Conference

The Doing What Matters for Alabama's Children conference is a community meeting to address the needs of children in Alabama. There are four easy ways to register and CEUs are offered.

Early Registration Fee: \$15.00 until January 24th, 2011
Late Registration Fee: \$30.00 after January 24th, 2011
CEU Certificate Fee: \$10.00 (Optional)

- Mail-In Registration: Registration Services
College of Continuing Studies
The University of Alabama
Box 870388
Tuscaloosa, AL 35487-0388
- Phone-In Registration: (205) 348-3000; Monday thru Friday,
8:00 a.m. until 4:45 p.m.
- Fax Registration: (205) 348-6614
- Register Online: <http://training.ccs.ua.edu/children>

For more information contact
Christy Horner or Sabrina Thomas at (205)462-1000.

Tuscaloosa Children's



Policy Council



Parent Project

Parent Project will hold its first class of the year starting on January 24th, at 5:30 at TOP. If you are looking for ways to improve your relationship with your adolescent or teen, this class is the one for you! We will help you plan strategies to address defiant behaviors, improve communication and school attendance, and never argue with your child again.

Call Sarah at 205 462-1000 to sign up.



No Place Like Home

Our No Place Like Home is a Home Visitation program designed to offer one-on-one parenting in the comfort and privacy of your own home.

You decide when and what you need assistance with and we provide the information and guidance. We can help with child development information, discipline, stress management, and more.

Call (205)462-1000 for more information



Maude Whatley
Mobile Health Unit

Medical and Dental Services are available at Tuscaloosa's One Place each month. This month:

*Dental: January 24th,
9:00 am to 2:00 p.m.*
Medical: TBA



Be a Volunteer!

Volunteers help make things happen! If you want to help make a difference in the community, call Emerald Autrey at (205)462-1000.

TOP Will Be Closed:

January 3rd for New Year's and January 17th, in celebration of Dr. Martin Luther King, Jr. Day.

"A Legacy of Love" Marriage Banquet

Celebrate Healthy Marriage month by attending the fourth annual Healthy Marriage Banquet. Help celebrate by submitting a nomination and 350 to 500 word essay about your parents, step-parents, grand-parents, family members, friends or couples you know – anyone around you in the local community who is committed to leaving an extraordinary *Legacy of Love* through the gift of a healthy happy marriage.

Send essays by mail to: Tuscaloosa's One Place Essay Submission, PO Box 40764, Tuscaloosa, AL 35404.

Fax essays to: (205)462-1001.

Email essays to: wmartin@etfrc.org.

For more information: contact D'Undray Peterson or Wanda Martin at (205)462-1000.

Essay Deadline: December 17, 2010.



FOOD ASSISTANCE OUTREACH

Tuscaloosa's One Place, A Family Resource Center is offering Food Assistance Outreach Enrollment Clinics to help you or someone you know apply for Food Stamps.

Every 2nd Tuesday of each month, TOP will hold a Food Assistance Enrollment Clinic from 8:00 a.m. until 12:00 noon.

Please call (205)462-1000 for more information.

OUR PARTNERS



