



Formerly known as
Tuscaloosa Family
Resource Center (TFRC)

June 2011 Newsletter

Visit our Website: www.tuscaloosaoneplace.org

P.O. Box 40764
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Tuscaloosa, AL 35404
Ph.: (205)462-1000
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“Staying Together”

Relationship Enhancement Classes

“Staying Together” teaches the benefits of healthy marriage and how to move from the “I” mindset to the “we.” Classes are activity-based focusing on communication skills. Classes target issues such as conflict management, sexuality and intimacy issues, and how to maintain a relationship over the long term.

Enhance your relationship with “Staying Together” in mind!

**Classes will be held on Mondays,
from 5:30 p.m. until 7:30 p.m.,
at the United Way Office
2720 6th Street
Tuscaloosa, Alabama 35401
On the following dates: June 6th, 13th, 20th and 27th**

Community Events

Alabama Department of Public Health Presents:
Annual Health Fair – “Preventing Accidents”

Who? Members of the Tuscaloosa Community Agencies
What? A Variety of Community Resource Agencies

Where? Tuscaloosa County Health Department Community Room

When? Thursday, April 7, 2011

Time? 10:00 a.m. until 2:00 p.m.

A Special Appearance by Big Al!
11:00 a.m. – 12:00 Noon



Annual Culture Fest; Hosted by The University of Alabama

When? Sunday, April 17, 2011

Where? Holt High School

Time? 12:00 p.m. until 4:00 p.m.

Culture Fest is a community-focused event which encourages the exploration of different cultures and traditions by providing an event where people can fellowship while enjoying diverse music, dance, art, food, and group activities

Taylor Hicks will perform on our football field for Culture Fest!!

**Tons of activities for the kids
Free Entertainment and Food**

Save the Date!

**10th Annual Early Intervention Update Conference
Tuesday, June 14, 2011; Tuscaloosa, Alabama**

CEU's have been applied for SW, OT, PT, Nursing, Counselors, Speech and Audiology and Teachers

Call Tania Baldwin at 205-759-1279 or 1-800-723-0490 with your email address. Registration information will be sent out at a later date!

Sponsored By:



Food Assistance Outreach

Tuscaloosa's One Place, A Family Resource Center is offering FOOD ASSISTANCE OUTREACH ENROLLMENT CLINICS to help you or someone you know apply for Food Stamps.

Every 2nd Tuesday of each month,

**TOP will hold a Food Assistance Enrollment Clinic
From 8:00 a.m. until 12:00 noon.**

Call Christy or Amanda for more information:
(205)462-1000.

Adult Education

FREE GED & ESL CLASSES

Sponsored by Shelton State Community College

Attend your classes at TOP!

GED

Mon & Wed: 9 am – 12 pm

Mon, Tues, Thu: 3 pm - 5 pm

ESL

Tue, Thu: 9 am – 12 pm

Call: (205)462-100 for more information.

Maude Whitley Mobile

Health Unit

Services are available on-site at Tuscaloosa's One Place every month.

April Schedule

Dental: April 5, 2011

9:00 am – 2:00 pm

Medical: April 25, 2011

9:00 am – 2:00 pm

Sliding Fee for those who qualify.

No Place Like Home

Our No Place Like Home is a Home Visitation program designed to offer one-on-one parenting in the comfort and privacy of your own home. You decide when and what you need assistance with and we provide the information and guidance. We can help with child development information, discipline, stress management and more.

**Call Tiffney or Shirley at
(205)462-1000.**

Backyard Bash!

(parents and kids, birth to 8 years)

Remember the backyard?? Go back in time and give your kids a “backyard bash experience”

at this FREE outside event! Come and play with your kids!!

In Celebration of “Month of the Young Child”

When? Saturday, April 9, 2011

Where? Child Development Research Center, The University of Alabama
651 15th Avenue East, Tuscaloosa, Alabama 35401

**Off University Boulevard, near University Medical Center & down the street from UA's Softball Complex.

**Play Activities Include: Parachute Play, Sidewalk Chalk,
Tumble Bus, Art, Bubbles, Reading...**

Receive a FREE Children's Book & Take Home Bag with coupons and information.

For more information, call: 205-348-0181 or 205-348-6347

Sponsored By:



BE A VOLUNTEER!

If you want to help make a difference in the community, call:

Emerald Autrey, at (205)462-1000.

Opportunity + Preparedness = Success.

Volunteer to help others be prepared for the opportunity afforded them. Rich Wery

Tax Exempt Status

Tuscaloosa Family Resource Center, Inc., d/b/a Tuscaloosa One Place is a tax exempt organization under the Internal Revenue Code Section 501(c)(3). The organization was granted this status in March 1999 through determination letter dated the same issued by the Internal Revenue Service. All donations to the Organization are tax deductible gifts as provided by IRS Code Section 170. Bequests, legacies, devises, transfers or gifts to the organization are deductible for Federal Estate and Gift tax purposes if they meet the provisions of IRS Code Sections 2055, 2106 and 2522. The organization's Federal Identification Number is 63-12904.